

## Minibugs Nurseries Ltd Spring Menu 2025 - Week 3

Menu No	Breakfast <i>Served between 7:30am and 8:30am</i>	Morning Snack <i>Served at 9:30am</i>	Children's Menu – Lunch <i>Served at 11.30am</i>	Vegetarian Option	Pudding	Mid Afternoon Snack <i>Served between 2pm and 2:30pm</i>	Children's Menu – Tea <i>Served at 4pm and followed by Greek Yoghurt or fruit</i>	Vegetarian Option
<b>Monday</b>	Choice of cereals that include Weetabix, Rice Crispies and Shreddies, with a selection of fruit.  All served with either Soya or Cow's Milk	Free flow snack will operate between 9.30am and 10.00am within the all the rooms. For snack, there is a fruit served and a choice of water, soya or cow's milk to drink.	Mediterranean chicken pasta bake	Mediterranean vegetable pasta bake	Fruit salad	Free flow snack will operate between 2.30pm and 3.00pm within the all the rooms. For snack, breadsticks served with fruit/veg and a choice of water, soya or cow's milk to drink..	Mini cheese pizza with cucumber sticks	Same as main menu
<b>Tuesday</b>			Spinach and sweet potato lentil dahl	Same as main menu	Greek yoghurt with peach compote		Pasta carbonara	Same as main menu
<b>Wednesday</b>			Fish pie with mash potatoes, peas and sweetcorn	Vegetable pie with mash potatoes, peas and sweetcorn	Apple crumble and custard		Vegetable muffins with vegetable sticks	Same as main menu
<b>Thursday</b>			Sweet and sour chicken with rice	Sweet and sour vegetables with rice	Shortbread slices		Sausage casserole with crusty rolls	Vegetable casserole with crusty rolls
<b>Friday</b>			Vegetable lasagne with garlic bread	Same as main menu	Apricot flapjack slices		Beans on wholemeal toast	Same as main menu

\*For Lunch & Tea - Please see the daily menu for details of meals provided, fruit is served after lunch and all dietary needs are catered for and alternative ingredients will be used to ensure these needs are met. However, children will still be served a dish that is similar in appearance to the main children's menu. All children are offered a drink of fresh water at lunchtime in an age appropriate cup.

\*\*Menu for 9 months +