|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Menu No** | **Breakfast***Served between 7:30am and 8:30am* | **Morning Snack***Served at 9:30am* | **Children’s Menu – Lunch****Served at 11.30am** | **Vegetarian Option** | **Pudding** | **Mid Afternoon****Snack** Served between 2pm and 2:30pm | **Children’s Menu – Tea***Served at 4pm and followed by Greek Yoghurt or fruit* | **Vegetarian Option** |
| **Monday** | Choice of cereals that include Weetabix, Rice Crispies and Shreddies, with a selection of fruit. All served with either Soya or Cow’s Milk | Free flow snack will operate between 9.30am and 10.00am within the all the rooms. For snack, there is a fruit served and a choice of water, soya or cow’s milk to drink.  | Mediterranean chicken pasta bake | Mediterranean vegetable pasta bake  | Fruit salad  | Free flow snack will operate between 2.30pm and 3.00pm within the all the rooms. For snack, breadsticks served with fruit/veg and a choice of water, soya or cow’s milk to drink.. | Mini cheese pizza with cucumber sticks | Same as main menu |
| **Tuesday** | Spinach and sweet potato lentil dahl | Same as main menu | Greek yoghurt with peach compote | Pasta carbonara  | Same as main menu |
| **Wednesday** | Fish pie with mash potatoes, peas and sweetcorn | Vegetable pie with mash potatoes, peas and sweetcorn | Apple crumble and custard | Vegetable muffins with vegetable sticks | Same as main menu |
| **Thursday** | Sweet and sour chicken with rice | Sweet and sour vegetables with rice | Shortbread slices | Sausage casserole with crusty rolls | Vegetable casserole with crusty rolls |
| **Friday** | Vegetable lasagne with garlic bread | Same as main menu | Apricot flapjack slices | Beans on wholemeal toast | Same as main menu |