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| **Menu No** | **Breakfast**  *Served between 7:30am and 8:45am* | **Morning Snack**  *Served at 9:30am* | **Children’s Menu – Lunch**  **Served at 12pm** | **Vegetarian Option** | **Pudding** | **Mid Afternoon**  **Snack**  Served between 2pm and 2:30pm | **Children’s Menu – Tea**  *Served at 4pm and followed by Greek Yoghurt or fruit* | **Vegetarian Option** |
| **Monday** | Choice of cereals that include Weetabix, Rice Crispies and Shreddies, with a selection of fruit.  All served with either Soya or Cow’s Milk | Free flow snack will operate between 9.30am and 10.00am within the all the rooms. For snack, there is fruit served and a choice of water, soya or cow’s milk to drink | Mixed bean chilli with rice | Same as main menu | Vanilla sponge and custard | Free flow snack will operate between 2.30pm and 3.00pm within the all the rooms. For snack, there is a choice of breadsticks served with fruit/veg and a choice of water, soya or cow’s milk to drink | Crustless vegetable quiche and beans | Same as menu |
| **Tuesday** | Shepherd’s pie with roasted carrots and peas | Quorn mince pie  With roasted carrots and peas | Oaty flapjack | Mini cheese Pizza with pepper sticks | Same as main menu |
| **Wednesday** | Mushroom and beef stroganoff with noodles | Mushroom and vegetable stroganoff with noodles | Fruit salad and yoghurt | Tuna pitta pockets with potato wedges | Soft cheese wraps with carrot sticks |
| **Thursday** | Potato and lentil curry with naan bread | Same as main menu | Blueberry muffins | Cheese and tomato pasta bake | Same as main menu |
| **Friday** | Fishcakes with peas and sweetcorn | Potato rosti, peas and sweetcorn | Lemon cheesecake  With a gingerbread biscuit base | Spring rice with peas, sweetcorn, courgette and roasted peppers | Same as main menu |