

Autumn Menu 2024 - Week 2

Menu No	Breakfast	Morning Snack	Children's Menu – Lunch	Vegetarian Option	Pudding	Mid Afternoon Snack	Children's Menu – Tea	Vegetarian Option
Monday	Choice of cereals with a selection of fruit. All served with either Cow's Milk or a dietary option up until 8.30am	Free flow snack will operate between 9.30am and 10.00am within all the rooms. This will be fruit, vegetable crudities and/or breadsticks	Spaghetti bolognaise in tomato sauce with garlic bread	Quorn meat option	Bananas and custard	Free flow snack will operate between 9.30am and 10.00am within all the rooms. This will be fruit, vegetable crudities and/or breadsticks	Selection of meat, fish or vegetable wraps	Cheese wraps
Tuesday			Vegetable curry and rice	Same as lunch menu	Pineapple upside down cake		Homemade tomato or vegetable soup	Same as tea menu
Wednesday			Turkey stir fry with noodles .	Vegetable stir fry and noodles	Gingerbread person		Roast vegetable cous cous in a tomato sauce with pitta bread and dip.	Same as tea menu
Thursday			Chicken hot pot	Quorn meat hot pot	Homemade Rice pudding		Vegetable pasta bake	Same as tea menu
Friday			Cheesy cauliflower and broccoli bake with potatoes.	Same as lunch menu	Lemon sponge		Homemade sausage rolls and beans	Quorn mince rolls and beans

*For Lunch & Tea - Please see the daily menu for details of meals provided, fruit is served after lunch and all dietary needs are catered for and alternative ingredients will be used to ensure these needs are met. However, children will still be served a dish that is similar in appearance to the main children's menu. All children are offered a drink of fresh water at lunchtime in an age appropriate cup.

**Menu for 9 months +