

Minibugs Nurseries Ltd Summer Menu

Menu Week 1	Breakfast <i>Served between 7:30am and 8:45am</i>	Morning Snack <i>Served at 9:30am</i>	Children's Menu – Lunch Served at 12pm	Vegetarian Option	Pudding	Mid Afternoon Snack <i>Served between 2pm and 2:30pm</i>	Children's Menu – Tea <i>Served at 5pm and followed by Greek Yoghurt or fruit</i>	Vegetarian Option
Monday	Choice of cereals that include Weetabix, Rice Crispies and Shreddies, with raisins and sliced banana. All served with either Soya or Cow's Milk	Free flow snack will operate between 9.30am and 10.00am within the 0-2 and 2-5 rooms. For snack, there is a choice of toast, crumpet, muffin or crackers served with houmous/soft cheese/fish pate, fruit and a choice of water, soya or cow's milk to drink.	Jacket potatoes with chilli con carne	Jacket potatoes with Quorn chilli con carne	Summer fruit salad	Free flow snack will operate between 2.30pm and 3.00pm within the 0-2 and 2-5 rooms. For snack, there is a choice of toast, crumpet, muffin or crackers served with fruit and a choice of water, soya or cow's milk to drink.	Beans on toast With carrot and cucumber sticks	Same as main menu
Tuesday			Bacon and egg tart with potatoes and salad	Vegetable tart with potatoes and salad	Frozen berry yoghurt		Mediterranean vegetable cous cous	Same as main menu
Wednesday			Thai green curry with rice	Thai green curry with rice	Apple and Pear Crumble		Tuna and cheese melts with carrot and cucumber batons	Same as main menu
Thursday			Spaghetti bolognaise	Quorn bolognaise	Lemon drizzle cake		Pin wheels and beans with carrot and cucumber batons	Same as main menu
Friday			Homemade burgers, with potato wedges and salad	Vegetable burgers, with potato wedges and salad	Bananas and custard		Creamy chicken and vegetable pasta bake	Vegetable pasta bake

*For Lunch & Tea - Please see the daily menu for details of meals provided, fruit is served after lunch and all dietary needs are catered for and alternative ingredients will be used to ensure these needs are met. However, children will still be served a dish that is similar in appearance to the main children's menu. All children are offered a drink of fresh water at lunchtime in an age appropriate cup.

**Menu for 9 months +

Minibugs Nurseries Ltd Summer Menu

Menu Week 2	Breakfast <i>Served between 7:30am and 8:45am</i>	Morning Snack <i>Served at 9:30am</i>	Children's Menu – Lunch <i>Served at 12pm</i>	Vegetarian Option	Pudding	Mid Afternoon Snack <i>Served between 2.30pm and 3.00pm</i>	Children's Menu – Tea <i>Served at 5pm and followed by Greek Yoghurt or fruit</i>	Vegetarian Option
Monday	Choice of cereals that include Weetabix, Rice krispies and Shreddies, with raisins or sliced banana. All served with either Soya or Cow's Milk	Free flow snack will operate between 9.30am and 10.00am within the 0-2 and 2-5 rooms. For snack, there is a choice of toast, crumpet, muffin or crackers served with, soft cheese/houmous/fish pate, fruit and a choice of water, soya or cow's milk to drink.	Butternut squash and pearl barley risotto	Same as main menu	St Clements biscuits	Free flow snack will operate between 2.30pm and 3.00pm within the 0-2 and 2-5 rooms. For snack, there is a choice of toast, crumpet, muffin or crackers served with fruit and a choice of water, soya or cow's milk to drink.	Jacket potatoes and beans	Same as main menu
Tuesday			Pasta Carbanara with broccoli	Vegetable pasta carbanara with broccoli	Strawberry cheesecake		Homemade pizzas with salad	Same as main menu
Wednesday			Cottage Pie with seasonal vegetables	Quorn pie with seasonal vegetables	Sugar free Jelly		Beans on toast With carrot and cucumber sticks	Same as main menu
Thursday			Chicken and vegetable fajitas with potato wedges	Quorn and vegetable fajitas with potato wedges	Fruity frozen yoghurt		Tomato tuna pasta bake with vegetables	Tomato pasta bake with vegetables
Friday			Chicken and vegetable curry and rice	Vegetable curry and rice	Raisin flapjacks		Tuna and cheese melts with carrot and cucumber batons	Same as main menu

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